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Sphygmo Home is a FREE blood pressure and blood glucose tele-monitoring system that can send your blood pressure and glucose readings to your doctor and family members in real time, and also upload them automatically to your secure personal health record. To keep up with my diabetes and have easy access to my blood pressure readings, I use Sphygmo Home, a FREE blood pressure and blood glucose tele-monitoring system. By entering your blood pressure and glucose readings into Sphygmo Home, I can see the trends on my secure personal health record, which means I know at a glance when my blood pressure and blood glucose are too high or low, as well as if they change from day to day or week to week. I can also sync my blood pressure and blood glucose data to my iPhone. My doctor or nurse can review my blood pressure and blood glucose data in real time, at the click of a button, and even see a history of my blood pressure and blood glucose levels over time. My doctor or nurse can also upload my blood pressure and blood glucose data to my secure personal health record, where they are available to me anytime I want to see them, and I can see my trends over time in a graph. I can also submit my blood pressure and blood glucose data to an online healthcare system, where my data is also available to my physician. I use Sphygmo Home because I don't like the idea of filling out paper forms or having to call a customer service representative. Since I use Sphygmo Home, I have a much better understanding of how well my blood pressure and blood glucose levels are responding to my diet and treatment. And I know that I am keeping my blood pressure and blood glucose levels in the optimal range, allowing me to live a more comfortable life."Read more about Sphygmo Home... DIABETES MONITOR: Sphygmo BP & Glucose Telenonitoring System. I personally know people with diabetes who have used home blood pressure and blood glucose tele-monitoring systems like Sphygmo BP & Glucose Telenonitoring System. Their blood pressure and blood glucose were then uploaded to their personal health record, and then to their online healthcare system, where it could be viewed by their physician. Having a home blood pressure and blood glucose tele-monitoring system has allowed them to keep better control of their diabetes and to be more comfortable in their daily lives."Read more about Sphygmo BP & 82157476af

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